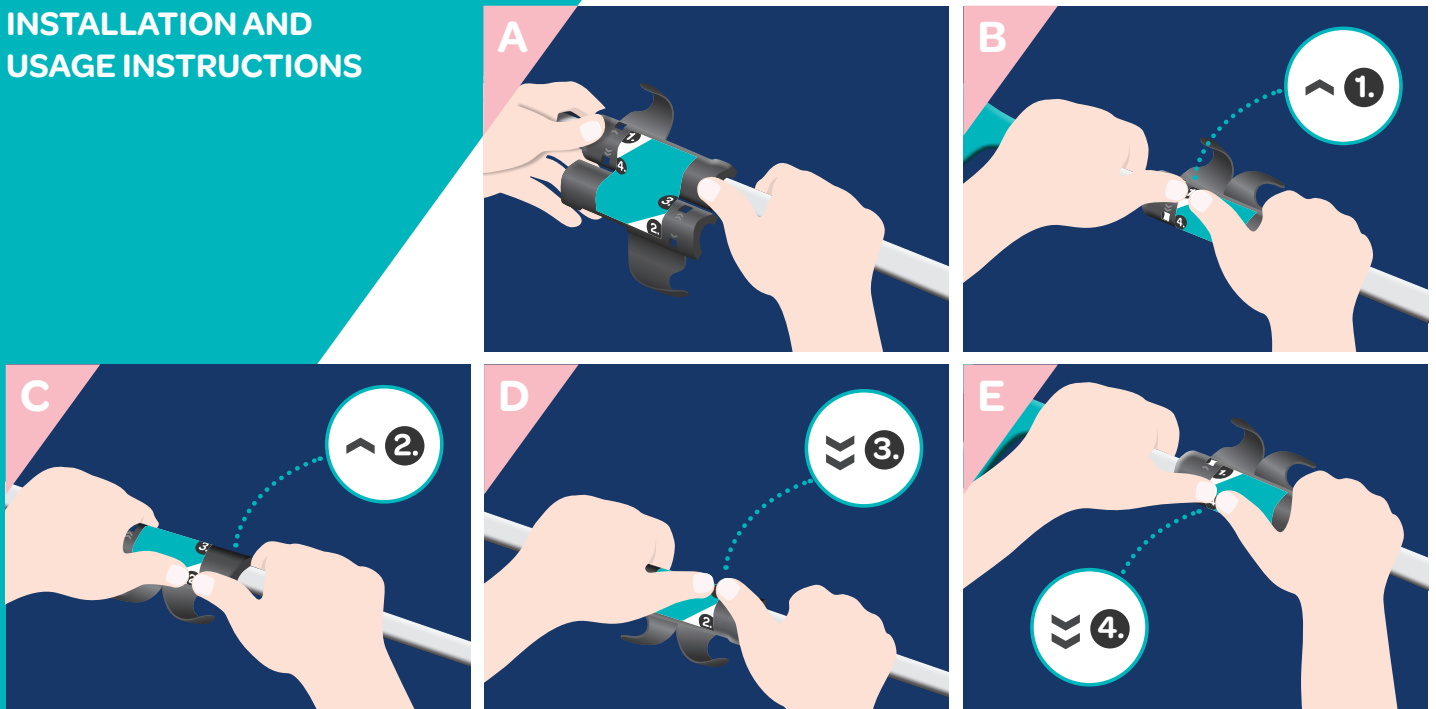


# XCLIP®

MADE IN  
  
FINLAND

## INSTALLATION AND USAGE INSTRUCTIONS



The package includes two (2) identical pieces that form the XCLIP holder when attached to the stem of the forearm crutch. Do NOT remove the connecting tape from XCLIP pieces before the installation.

### INSTALLATION INSTRUCTIONS

- The XCLIP is installed on the smooth surface of the forearm crutch, above the length adjustment holes.
- Wipe the crutch stem clean of any dirt.
- Sit on a chair and put one crutch on your lap.
- Anatomical crutches: select whether to use the holder on the left or right crutch. See Tips.

- PICTURE A Place the other half of the XCLIP over the stem and press it firmly against the stem.
- PICTURE B-C Flip the hanging XCLIP half under the stem firmly against the top half. Press firmly at the ^ markers to lock the parts together until you hear a click. Rotate the crutch around and repeat the press at the other ^ marker.
- PICTURE D-E Next lock the XCLIP also at ≡ markers until you hear them click.

Ensure that each of the four latches are securely locked and there is no gap between the pieces. You may now remove the installation tape. The XCLIP is now ready for use.

- If you are not able to squeeze hard enough, you may use hairdryer to warm up the XCLIP gaskets OR lubricate the gaskets by soapy water. You may also use pliers to finalize the installation.
- It is normal that the crutch rotates in the XCLIP. This is a necessary feature when walking on stairs with crutches.

### REMOVING THE XCLIP HOLDER FROM THE CRUTCH

Press wing side latches using for example a key or a chisel screwdriver to release latches.

### TIPS FOR USING THE XCLIP

#### Attaching a forearm crutch to the XCLIP

1. Ensure that the wings on the XCLIP are facing the handle side of your crutch.
2. Hold the crutch with the XCLIP holder attached in your right hand, and the other crutch without the holder in your left hand.
3. You can hold the crutch by the handle (such as when you are walking), OR hold it from the stem above the handle.
4. Ensure the handles are facing straight ahead or slightly outwards.
5. Hold the right-hand crutch steady and place the left crutch in the XCLIP.
6. After that you can leave the crutches safely against a wall, table or chair, or yourself.

- If you are using the holder on the left-hand crutch, rotate the holder wings to the backside of the stem.

#### B. Detaching the crutches

Press the handles lightly together to release the crutch from the XCLIP.

To watch the XCLIP installation videos and get tips on how to use it, visit: [www.olecranon.fi/en/xclip](http://www.olecranon.fi/en/xclip)

### PRODUCT INFORMATION

Weight 60 g, length 12 cm

### RECOMMENDED TEMPERATURE OF USE

From -15 C to +35 C.

Use with caution under extreme or greatly varying temperatures.

RECYCLING Package  Product  Instructions 